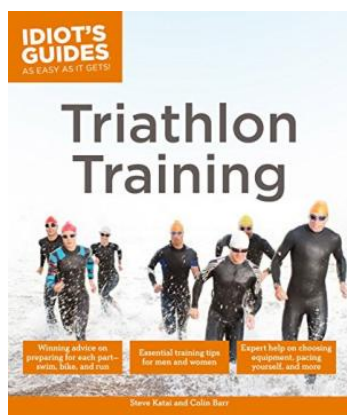**Download Doc**

IDIOT'S GUIDES: TRIATHLON TRAINING

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